

# **Certifying Exam**

Case Materials

## REASSESSMENT/TROUBLESHOOTING

#### **CASE SAMPLE VIDEO**

Use of the case materials in this document are demonstrated here.



#### **CASE SUMMARY**

Emergency physicians frequently address incomplete, changing, or conflicting information. These cases will present the candidate with clinical data or circumstances that require a reassessment of a patient's condition. The successful candidate will demonstrate the ability to evaluate new information, efficiently problem solve, and optimize patient management.

#### **SCORING**

Information on how this case will be scored can be found here.

#### REASSESSMENT SCENARIO TASK SHEET

**ROOM#** 

#### **CASE PARAMETERS**

- This is a 10-minute case.
- You will interact with a patient.
- This patient was admitted for pneumonia during the last shift is awaiting a bed on the inpatient unit. She is being managed by the Internal Medicine team. The nurse has asked you to assess the patient because she is complaining of worsening dyspnea.
- You will explore the reasons why the patient is not improving and how to move forward with treatment.

#### TASK STATEMENT

Your tasks are as follows:

- Identify the reason for the patient's worsening condition
- Communicate your findings
- Manage the condition and articulate next steps

| PATIENT CHART              |  |  |  |
|----------------------------|--|--|--|
| Patient Name               | Renee Marshall   |  |  |
| Age                        | 40-years-old   |  |  |
| Gender                     | Female   |  |  |
|                            |  |  |  |
| Presenting Complaint       | Fever and cough  |  |  |
| History of Present Illness | A 40-year-old woman with a history of diabetes presents with seven days of cough productive of yellow phlegm. Fever and chills x 4 days. + fatigue and short of breath. Her blood sugar has been elevated on home testing. She quit smoking 5 years ago. |  |  |
| Past Medical History       | Medical History Diabetes Type 2, hypertension, hyperlipidemia  |  |  |
| Medication                 | Metformin, Enalapril, Simvastatin  |  |  |
| Allergies                  | Penicillin   |  |  |
|                            |  |  |  |

## PHYSICAL EXAM FINDINGS

| Vital Signs on ED Arrival | BP: 100/65 P: 118/min R: 24/min T: 38.8° C (101.8° F) O2 sat: 92% on room air     |  |  |
|---------------------------|---|--|--|
| General Appearance        | Alert and oriented, fatigued, coughing  |  |  |
| Dermatologic              | Normal, no rash   |  |  |
| HEENT                     | Clear oropharynx, dry mucus membranes, no tonsillar exudate                       |  |  |
| Neck                      | Normal  |  |  |
| Respiratory               | Right-sided rhonchi with consolidation in the lower lung field, clear on the left |  |  |
| Cardiac                   | Tachycardic, regular rhythm   |  |  |
| Abdominal                 | Soft, non-tender, non-distended   |  |  |
| Extremities               | No edema, pulses symmetrical and present  |  |  |
| Neurologic                | No focal findings   |  |  |

## **ASSESSMENT AND PLAN**

Immunocompromised woman (history of DM) new dx/o bacterial community- acquired pneumonia. Work up below, sepsis protocol.

#### **MEDICATIONS ORDERED**

0.9% saline – 30ml/kg IV; acetaminophen – 1gm po; piperacillin and tazobactam. – 3.375 mg IV

## RADIOLOGY RESULT

| Chest x-ray | Right lower lobe infiltrate |
|-------------|-----------------------------|
|-------------|-----------------------------|

| LAB RESULTS (relevant and abnormal only listed) |              |                 |  |
|---|--------------|-----------------|--|
| CBC   | Units        | Normal Values   |  |
| WBC   | *17,500 /mm3 | 3,200-9,800/mm3 |  |
| CBC - Differential                              | Units        | Normal Values   |  |
| Segs  | 85           | %               |  |
| Bands   | *5           | %               |  |
| Lymphs  | 8            | %               |  |
| ВМР   | Units        | Normal Values   |  |
| CO2-  | *19 mEq/L    | 23-28 mEq/L     |  |
| Glucose   | *162 mEq/L   | 70-105 mg/dL    |  |
| BUN   | *24 mg/dL    | 8-20 mg/dL      |  |
| Creatinine                                      | 1.1 mg/dL    | 0.7-1.3 mg/dL   |  |
| Lactate   | Units        | Normal Values   |  |
| Initial Lactate                                 | *4.5         | 0.4-2.3 mEq/L   |  |
| Repeat Lactate                                  | 2.2          | 0.4-2.3 mEq/L   |  |

### **ED COURSE / MEDICAL DECISION-MAKING**

| Banast Vital Signa | BP: 116/68  | P: 95/min   | R: 18/min | T: 37.5° C (99.5° F) |  |
|--------------------|-------------|-------------|-----------|----------------------|--|
| Repeat Vital Signs | O2 sat: 95% | on room air |           | , ,                  |  |

The patient's symptoms improved after IV fluids and acetaminophen. CXR shows R-sided pneumonia. Given her presentation, the patient has evidence of sepsis. Requires IV antibiotics and monitoring as an inpatient. Discussed with her physician, Dr. Smith, who agrees with the plan. Admission placed to the floor and report given to the inpatient team.

While boarding in the ED, she is being managed by the Internal Medicine team. The nurse has asked you to assess the patient because she is complaining of worsening dyspnea

| PHYSICAL EXAM FINDINGS RO |   |  |
|---------------------------|---|--|
| REPEAT VITAL<br>SIGNS     | BP: 110/62 P: 104/min R: 20/min T: 37.5° C (99.5° F) O2 sat: 97% on room air                            |  |
| GENERAL<br>APPEARANCE     | Alert and oriented, moderately dyspneic   |  |
| DERMATOLOGIC              | Diffuse, well-demarcated, mildly raised, confluent rash with wheals on the trunk, upper arms and thighs |  |
| HEENT                     | Clear oropharynx, normal airway, moist mucous membranes, no swelling                                    |  |
| NECK                      | Normal  |  |
| RESPIRATORY               | Tachypnea but otherwise clear with rhonchi in the right lower lung field                                |  |
| CARDIAC                   | Tachycardic, regular rhythm   |  |
| ABDOMINAL                 | Soft, non-tender, non-distended   |  |
| EXTREMITIES               | No edema, pulses symmetrical and present  |  |
| NEUROLOGIC                | Normal exam without focal findings  |  |

#### STIMULUS 1. ECG **ROOM** #

Ventricular rate: 104 bpm PR interval: 158 ms QRS duration: 84 ms

